Sprit and soul

Word "Spirit" refers only to the immaterial aspect of humanity. Human beings have a Spirit, but we are not Spirit.

Word "Soul" refers to both the immaterial and material aspects of humanity. Human beings are Souls.

The Soul and the Spirit are connected but separable. The Soul is the essence of humanity's being; it is who we are. The Spirit is an aspect of humanity that connects with God. God is Spirit.